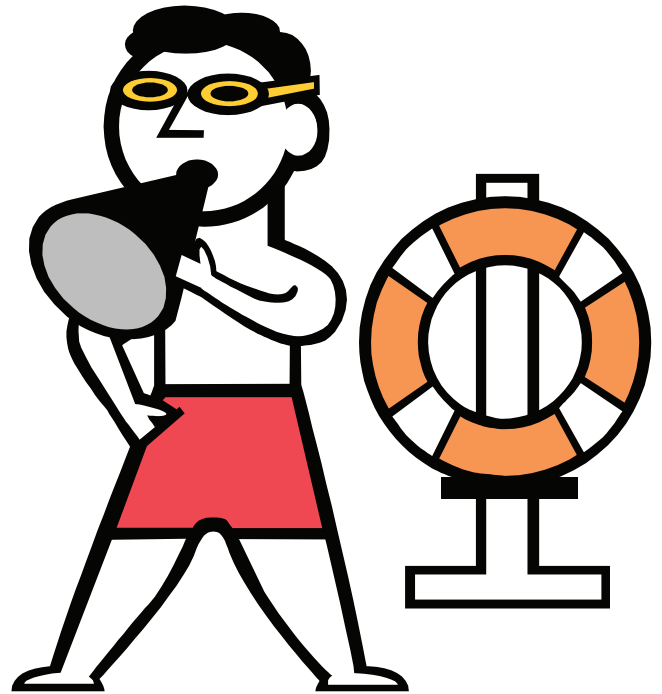


# Jr. LIFEGUARD

Many current Bensenville Water Park lifeguards started their Lifeguard Training years ago as Junior Lifeguards! This in-depth course will begin to prepare the next generation with the skills they need to succeed as Lifeguards. Students will receive instruction in water safety, Lifeguard rescue skills, the brand-new 2011 CPR/AED guidelines and First Aid, as well as leadership skills, teamwork, and customer service. Additional time will be used outside of class to observe and shadow Lifeguards on duty and attend Lifeguard Training In-services. Upon successful completion of the course, students will become certified as an International Pool and Water Park Junior Lifeguard, receiving a certificate, emblem, and Jr. Lifeguard T-shirt. The course fee includes these as well as text and supplies. Prerequisites for taking the course, which will be tested on the first day of class, are the ability to swim 2 widths of the pool without resting, treading water for 2 minutes, and retrieving a 10-lb. brick from a depth of 4 ft.



**Jr. Lifeguard Class #RJ312325-01**

**Tues & Thur, June 14–August 4**

**10:00-11:00am**

**\$100/\$120**



**IT'S ALL AROUND YOU**

1000 W. Wood St 630-766-7015  
We comply with the A.D.A. if you require reasonable assistance to participate in this program please contact Rory 766-7015 x2003.  
[www.bensenvilleparkdistrict.org](http://www.bensenvilleparkdistrict.org)

