



Learn to Swim Program

Registration is underway

Swim Lesson General Policies

All lessons will be held rain or shine so plan on attending every day. If there is weather which prohibits swimming, lessons will be held at the Deer Grove Leisure Center where instructors will play organized games and go over Water Park rules and safety. During evening lessons, the Water Park is open to the public and sections will be reserved for lessons. Parents, siblings or other visitors wishing to swim or use the Splash Pad during their child's lesson must show their pass or pay admission at the cashier. Per state law, non-potty trained children must wear swim diapers with rubber pants under a lined swimsuit. Swim diapers and rubber pants can be purchased at the cashier during open swim. It is up to the parents and participants to adhere to the Bensenville Water Park Swim Lesson Policies which are reviewed on the first day of class.



Description of Levels

Tot and Supertot are for ages 3-5. Levels 1-5 are for ages 6 and up. The skills listed below are the skills required to pass that level. Water safety skills are taught in every level.

TOT– Helping tots get acquainted with the water and building confidence. Beginning floating and starting to learn stroke techniques.

SUPERTOT– For tots already adjusted to the water. Students are taught beginning strokes and breathing.

LEVEL 1– Orientation to the water. Focus is on supported floating and beginning arm movements.

LEVEL 2– Unsupported floating, proper arm and leg movements and beginning rotary breathing.

LEVEL 3 – More work is done in the deep water. Focus is on stroke competency and refinement. Learn backstroke, diving, and treading water.

LEVEL 4/5 – Increased competency of the front crawl and backstroke. Introduction to the breaststroke, sidestroke, and competitive turns. Continued stroke technique refinement, endurance building and introduction to butterfly.

Learn to Swim Program ~ Weekday Morning & Evening Sessions

A Family Fun Day is held for students and their family members from 9:30am-10:30am on the Friday after each Weekday Session.

Weekday swim lesson sessions consist of 8 classes - Monday through Thursday for two weeks. To avoid a \$10 late fee, make sure to register by the deadline.

Your child's progress will benefit by taking lessons all three sessions. Report cards will be given to each child in regular Sessions 1, 2, 3 and 4 on the last day of class.

Weekday Sessions:

Session 1: Mon, June 12 – Thurs, June 22

Registration deadline Sat, June 10 at 12pm

Session 2: Mon, June 26 – Fri, July 6

***No class July 4.**

Registration deadline Sat, June 24 at 12pm

Session 3: Mon, July 10 – Thurs, July 20

Registration deadline Sat, July 8 at 12pm

Session 4: Mon, July 24 – Thurs, August 3

Registration deadline Sat, July 22 at 12pm

Fees: 30 minute class \$45/\$59 (Tot, Supertot, Level 1)

40 minute class \$49/\$65 (Levels 2 – 4/5)

Class Level	Time**	June 12-22	June 26-July 6*	July 10-20	July 24-Aug 3
Morning Lessons					
Tot	9:20-9:50	312000-01	312000-05	312000-09	312000-40
Tot	10:00-10:30	312000-02	312000-06	312000-10	312000-41
Supertot	9:20-9:50	312000-13	312000-15	312000-17	312000-44
Level 1	9:20-9:50	312001-01	312001-05	312001-09	312001-40
Level 1	10:00-10:30	312001-02	312001-06	312001-10	312002-41
Level 2	9:50-10:30	312002-01	312002-03	312002-05	312002-40
Level 3	9:50-10:30	312003-01	312003-03	312003-05	312003-40
Level 4-5	9:20-10:00	312004-01	312004-03	312004-05	312004-40

Class Level	Time**	June 12-22	June 26-July 6*	July 10-20	July 24-Aug 3
Evening Lessons					
Tot	5:50-6:20	312000-03	312000-07	312000-11	312000-42
Tot	6:30-7:00	312000-04	312000-08	312000-12	312000-43
Supertot	6:30-7:00	312000-14	312000-16	312000-18	312000-45
Level 1	5:50-6:20	312001-03	312001-07	312001-11	312001-42
Level 1	6:30-7:00	312001-04	312001-08	312001-12	312001-43
Level 2	5:50-6:30	312002-02	312002-04	312002-06	312002-41
Level 3	6:20-7:00	312003-02	312003-04	312003-06	312003-41
Level 4-5	6:20-7:00	312004-02	312004-04	312004-06	312004-41

**Swim Lesson classes begin five minutes before the scheduled start of class for stretching.



For more information please call 630-766-7015.
Register at Deer Grove Leisure Center, 1000 W. Wood St., Bensenville.

Learn to Swim Program ~ Saturday Sessions

There are two 4-week June and July sessions, or you can enroll as one 8-week session to maximize your child's progress.



Saturday Sessions:

Saturday- Session A: June 17 – August 5

Registration deadline Friday, June 16 at 6pm

8-week Fees: 30 minute class \$45/\$59
(Parent-Tot, Tot, Supertot, Level 1)
40 minute class \$49/\$65 (Levels 2 – 5)

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Saturday- Session B: June 17, 24, July 1, 8

Registration deadline Friday, June 17 at 6pm

Saturday- Session C: July 15, 22, 29, August 5

Registration deadline Friday, July 15 at 6pm

4-week Fees: 30 minute class \$24/\$32

(Parent-Tot, Tot, Supertot, Level 1)
40 minute class \$27/\$35 (Levels 2 – 5)

Class Level	Time**	June 17-Aug 5	June 17-July 8	July 15-Aug 5
Tot	9:30-10am	312000-20	312000-22	312000-24
Tot	10:10-10:40am	312000-21	312000-23	312000-25
Supertot	10:10-10:40am	312000-26	312000-27	312000-28
Parent-Tot* 9:30-10am		312000-30	312000-31	312000-32
Level 1	9:30-10am	312001-20	312001-22	312001-24
Level 1	10:10-10:40am	312001-21	312001-23	312001-25
Level 2	10:05-10:45am	312002-20	312002-21	312002-22
Level 3	10:05-10:45am	312003-20	312003-21	312003-22
Level 4-5	9:30 - 10:10am	312004-20	312004-21	312004-22

****Swim Lesson classes begin five minutes before the scheduled start of class for stretching.**

***Parent-Tot Class (Ages 1-3):** An adult companion is required. This Saturday class is an opportunity for parent and child to interact while their toddler gets comfortable in the water in a structured class with games, songs, and free time.

Private Swim Lessons Ages 3+

Private lessons at the Bensenville Water Park offer exclusive one-on-one instruction tailored to the student's instructional needs and scheduling requirements. Private lessons are offered at scheduled times in the morning, evening, or Saturdays.

If these don't work, coordinate private lessons at a time convenient for you, including weekends! Be sure to fill out the private lesson request form when registering. Once you sign up for unscheduled private lessons, offered as single lessons or a discounted set of 5 lessons, our Learn-to-Swim Coordinator will call you and find a time and instructor that will meet your needs!

Unscheduled Private Lessons

June 5 – August 13, 2017

1 Class arranged with the coordinator **\$18/\$25** 312313-20

(If registering for more than 1 unscheduled lesson, use the same activity code multiple times)

5 Classes arranged with the coordinator **\$79/\$105** 312313-50

Scheduled Private Lessons

MORNING

4-Class Scheduled Lessons

6/12-6/21	M, W	10-10:30A	\$65/\$85	312313-01
6/13-6/22	Tu, Th	10-10:30A	\$65/\$85	312313-02
6/26-7/5	M, W	10-10:30A	\$65/\$85	312313-03
6/27-7/6	Tu, Th	10-10:30A	\$65/\$85	312313-04
7/10-7/19	M, W	10-10:30A	\$65/\$85	312313-05
7/11-7/20	Tu, Th	10-10:30A	\$65/\$85	312313-06

EVENING

4-Class Scheduled Lessons

6/12-6/21	M, W	6-6:30P	\$65/\$85	312313-07
6/13-6/22	Tu, Th	6-6:30P	\$65/\$85	312313-08
6/26-7/5	M, W	6-6:30P	\$65/\$85	312313-09
6/27-7/6	Tu, Th	6-6:30P	\$65/\$85	312313-10
7/10-7/19	M, W	6-6:30P	\$65/\$85	312313-11
7/11-7/20	Tu, Th	6-6:30P	\$65/\$85	312313-12

SATURDAY

4-Class Scheduled Lessons

6/17-7/8	Sa	10-10:30A	\$65/\$85	312313-13
7/15-8/5	Sa	10-10:30A	\$65/\$85	312313-14

For more information please call 630-766-7015. Register at Deer Grove Leisure Center, 1000 W. Wood St., Bensenville.



Bensenville Water Park & Splash Pad
1100 W. Wood St. | 630-766-7015 | bensenvilleparkdistrict.org
A facility of Bensenville Park District